

Accelerating Healthy Breathing & Speech Development

CEUs for Massage Therapists

Certifications for others

To enroll in the next class
Call **866-MyInhale**
(866-694-6425)

OPTIMAL BREATHING MAXIMIZES'

- ☆ Health & Well Being
- ☆ Sports Performance
- ☆ Life Extension
- ☆ Helps reduce or eliminate need for medication!

HEALTH PROFESSIONALS WILL GAIN:

- ✿ Unique Skills
- ✿ Better Breathing
- ✿ Grateful Clients
- ✿ Increased Client Base
- ✿ Additional Income
- ✿ Increased Referrals

OPTIMAL BREATHING™

P.O. Box 1551
Waynesville, NC 28786

Member:
American Holistic Medical Association
American Holistic Health Association

MESSAGE THERAPIST CEUs Available

Breathing Development Promotes: Superior Health, Peak Performance & Life Extension

THE **OPTIMAL BREATHING SCHOOL™**



**LEADING EDGE
TOUCH & NON-TOUCH METHODS**

**Learn how + teach others
Rapidly Develop
Natural Mechanical
Breathing Function**

866-694-6425

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www.breathing.com/school.htm