

From Michael Grant White

How I use E3live.

Allow me to share with you some pertinent information about a nourishing energizing food called E3Live that plays an important role in my daily diet.

It is not a stimulant or a drug, but a wild-grown organic miracle food that has perfect assimilability, which means the body's ability to utilize the 64 minerals, trace minerals, essential fatty acids, protein, chlorophyll, and vitamins that we need. It gives me a high energy level, stabilizes my blood sugar level, gives me mental clarity, boosts my immune system, and helps normalize my weight.

I've learned that the amount of E3Live recommended by the nutritional doctors and counselors for beginners to consume usually changes as the body rids itself of its many toxins. When taking the initial amount, you might not feel the strength and stamina increase that you will after building up to a larger portion. The amount and times per day best suited for you is determined by individual needs and only you can make the adjustment judging from the way you feel depending on your work load, physical activity and mental stress.

The frozen liquid version is quick acting and simple to use, but you might want to consider the capsules for traveling. All Vision products are of the highest quality and you should try them as your interests and needs arise.

This booklet is a compilation of real life testimonials. There are some very interesting people included here, perhaps yourself some day. Let their insights give you a sense of the awesome results people are getting.

Write me about your successes, let's build a large collection of real life results to inspire others on their pathway to optimal health.

There is no wonder that my friends, Michael and Tamera, can give a money-back guarantee on every purchase - because it works

Blessings,

Michael Grant White

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E3 Live

Testimonials

The following are real accounts from people from all walks of life who use and love the E3 Aphanizomenon flos-aquae. These testimonials are the opinions of these wonderful people and are not intended to be used as a means of diagnosis or treatment of disease. If you have questions pertaining to your specific condition, please consult your health practitioner before using any of our high-quality AFA products. You can print the Nutritional Breakdown of E3AFA from the section entitled "The Science Behind This Amazing Food" and have their ingredients listed on the <http://www.breathing.com/e3live.htm> web site page.

Please enjoy the many beautiful experiences that these people were so gracious to share with us.

***FREE Bottle of E3live capsules.
Perfect for travel and office.
Details inside***

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Weight Loss

43 Year-Old mother of Two Loses Unwanted Fat

"I was introduced to E3 over 4 months ago and am amazed how much my physical and mental state has changed, what seems like overnight.

I'm a 43-year-old, mother of two grown boys and have been teaching gymnastics and physical fitness for more than 12 years. Although I was very active, my weight and body shape was still hard to manage.

Since I began taking E3 on a daily basis, my cravings have diminished. As a result, I have lost unwanted fat and my muscle definition has improved. I have more energy to fulfill the physical and mental pressure of a gym coach and trainer.

I am especially pleased with the improvement of my skin, hair and nails. I sleep extremely well and found that I'm loving life, stress free.

I truly believe this fantastic food has improved my quality of life and my well being!"

Polly Campi

E3 Live Helped With My Cravings

I am 50 years old and I have not been extremely overweight but have been battling medical problems that make me have to watch my weight carefully. The E3Live helped with my cravings, so I didn't crave the foods that caused me to gain weight. When I take the E3Live I feel energized and in a good mood, not lazy or tired like before. I noticed that my skin looked beautiful and my hair had a glow. I had better elimination than before. I would recommend the E3Live to anyone wishing for better health.

Pat Brisco

Dropped Two Dress Sizes, Love "You're My Everything"

"I am not in the habit of writing this type of letter, however, I feel I must tell you how grateful I am to you and your product "You're My Everything."

After the death of my mother this year, I gained 30 pounds and have not

felt well since. My sinus condition had worsened to the point I could not think, couldn't hear, and my vision had declined. I suffered from severe headaches, which I never had in the past, generally speaking, I was in very poor health.

I have been taking "You're My Everything" for 4 weeks now. I feel that it has given me the nutrition I need. Now, what a difference! I wish you could see it. I have dropped two dress sizes. (I am not sure how much weight because I stopped getting on a scale a while ago). My sinus condition has all but disappeared, my hair, nails, and skin are beautiful. Best of all, my headaches are gone. I feel and look terrific. I would not have thought it possible. You know how long it has taken me to become a believer in this type of living and now I feel I have wasted a lot of time not feeling well.

Thank you, thank you, for helping me get back among the living and away from the walking dead."

Jackie Porter

Dr. Gabriel Cousens Talks About Weight Loss & E3 Live

"I have been using AFA for 18 years personally and with my clients. E3Live is a qualitative leap. AFA is specific for our nervous system, brain function and the quality of our consciousness.

The response to my clients has been wonderful for so many health concerns.

Eating E3Live has the potential to enhance every aspect of our lives. E3Live helps in weight loss by curbing appetite by brain and body being well nourished. When they self regulate and normalize they don't need to eat compulsively and it balances blood sugar levels, so they're not eating to compensate for low blood sugar."

Dr. Gabriel Cousens, MD, MD (H)

Lose Weight and Become Weight-Loss Counselor

"I am 46 years old was introduced to E3Live 3 years ago and during that time I was taking several medications. I had changed careers and as a result of the medications I put on 40 lbs. I had also experienced loss of concentration.

I was working at Gold's Gym and a guy walked in with the E3Live and a book. I was the receptionist and was about to lose my job due to my lack of concentration. Gold's wanted me to get rid of him but I begged him to sell me a bottle. Within 3 days I felt better mentally, and I did not have the bad cravings for junk food like before. In 2 weeks I lost 13 lbs and lost another 27 lbs in the next two months, due to the reduced cravings and more energy.

I got a new job at a nation-wide chain of weight loss centers and now I am a weight loss counselor. It is two years later and I have kept the weight off. I now help my clients learn about E3Live as they have incredible success with it as well. I personally would not live without E3Live."

Debra Bellton-Harkley

Naturopath Talks About E3 & Weight Loss

"I have patients who suffer from a wide and varied number of ailments. I'm getting extremely positive results with E3Live. People whose energy and immune systems are a bit 'flat' respond quite well and quickly. Its also working very well to compliment the diet. E3Live has a high absorbable nutritional value. The live enzymes in E3 aid digestion and assimilation of nutrients at the same time as detoxing the system. It is picking up the metabolism generally because of all the nutrients the body is receiving. The reason being is that there are no impurities in E3 like there is in weight gain powders. Most weight gain powders contain a lot of things that are not natural and because there is no enzyme activity, the body finds it hard to absorb the full value of the nutrients in the powder.

With weight loss, E3 seems to suppress the appetite because of its high level of nutrients, which are assimilated at a very high level because of the enzymes, which also break down other food being consumed."

Christine Tompson, ND

"Baby Boomer" Loses Weight, Has More Energy

"After eating E3Live, I've lost the cravings that I once had for bad foods. As a result, I've lost 10 lbs without dieting. My sensitive stomach is much better, and I've got more energy and vitality. As a "baby boomer" in my 50's, E3Live has really helped!"

Betty "Cookie" Mac

Athletes

Grant Hackett – Olympic Gold Medal Winner in Swimming

"Leading up to the Olympics my training schedule is full on. After the last training session each day I feel pretty drained.

Since I started with E3Live I've noticed a big difference. My recovery is so much quicker than before and I have a lot more energy.

About a week after I started eating E3, I swam in a lead up competition in Brisbane. I had some E3 just before the 400metres. I was amazed at how good I felt throughout the swim but in particular the last 100m. I felt very powerful and even though I came home in really good time, I had a little bit in reserve. I also felt really good in the 200m and the 1500m. Generally I felt excellent over the whole meet.

Usually competition takes a lot out of me. It's hard to recover after a demanding meet and almost impossible to get through the first couple of days training without hurting, but this time I'm doing it a lot easier.

E3 is helping me in a lot more ways. Apart from better recovery and endurance, I feel it's easier to concentrate and my temperament is great. I feel calm and content even if things don't always go my way. I even noticed the difference when I missed having my E3 for only a day.

Because I have been training so hard I felt that I was losing weight and condition. After only 2 weeks on the algae you can notice the difference in my pecs and abs. I have a lot more muscle definition. I think it's because I'm getting so much protein and nutrients from E3 that I wasn't getting before. I'm not as hungry any more.

I'm so happy to have E3 as a part of my diet now. What I like about E3 is that it is totally natural. It's a really awesome food."

Grant Hackett

Ryk Neethling – Olympic Swimmer and World Record Holder

"Since I began eating E3Live, I've noticed an unmistakable boost in my energy. I have more stamina, I can swim faster for longer periods. My times have improved. I can now workout more intensely. Recovery time is dramatically shorter. Bottom line - E3Live makes a big difference in my performance."

Ryk Neethling



Myles Padaca – 2001 Triple Crown Champion Surfer

"In the surfing world, being the Triple Crown Champion is like winning the World Series. I'm always looking for that competitive edge and for ways to improve my performance.

I'm confident that I've found it with E3Live, which was put to the test when I was going man to man with the current worlds champ at the Rip Curl World Cup. I had just gotten wiped out by a wave and my time was running out. It took supreme stamina and mental focus to paddle back to catch the last wave that put me over the top. I'm absolutely confident that E3Live made the difference.

My first chance to test E3Live was the XCEL PRO competition. I used E3Live in my blended fruit smoothie in the morning and then made a second batch that I drank throughout the rest of the day. Mentally, E3Live helped me to stay clear-minded and focused all day. Physically, I usually feel somewhat fatigued after a twenty minute heat of non-stop paddling, but with the help of E3Live, I felt fine and eager for my next heat. In all, I surfed five heats that day and took first place in my first four heats and finished third overall out of 160 world-class competitors.

So, as we say in Hawaii, I'm "really stoked" with E3Live! Not only am I glad I finally found E3Live to boost my surfing performance, it also contributes to my overall health and well-being."

Myles Padaca

Mary Louise Zeller – Taekwondo U.S. National Champion, Gold Medal International Champion

57 year-old Tae Kwon Do U.S. National Champion, Gold Medal International Champion competing against opponents 40 years younger

"At 57, I'm the oldest competitor to have ever won a U.S. National Tae Kwon Do championship and a Gold Medal in full-contact sparring at an international championship. Some people might think I have a rare genetic make-up that would allow me to do what I do. Yet when I started Tae Kwon Do at the age of 46, I weighed 25 pounds more, couldn't run a block without stopping, and was experiencing the dreaded decline of aging. Instead of my being some extraordinary exception to the rule, I now know that that superior health is available to everyone!

E3Live not only delivers more protein needed for muscle growth and repair and is a rich source of phyto-nutrients, it also makes a huge impact on my emotional and mental well-being. At 57, I also experience no symptoms associated with menopause. I literally have another youth to live. Two additional benefits of E3Live have been in increased memory and keeping my mood positive.

E3Live is a breakthrough for the modern human being, something that can strengthen us in the face of today's environmental, emotional and physical stress. E3Live is an important member of my "team". "

Mary Louise Zeller



Lynne Taylor – Miss Natural Olympia 1999

Miss Natural Olympia 1999, Drug Free World-Champion Body-Builder and Mother of Four

"E3Live is like gold. As a champion bodybuilder, mother of four, and fitness trainer, I feel so lucky to have found E3Live - the best food source I've ever consumed. With E3Live, I feel invincible, fully alive, and my recovery time after intense workouts is now much quicker."

Luke Harrop – Australian Triathlete

"As an athlete, I have come to learn the importance of supplements and nutrition as an integral part of peak performance.

I have always found the hard work on the training field came easily, however all the health and nutrition surrounding peak performance was the last thing on my mind at the end of a hard day.

E3Live has made the uptake of many different supplements easy for me to manage by combining many of the different vitamins & minerals I was previously taking in one simple dosage.



Having used E3 now in my nutrition, I have found that I am far less susceptible to fatigue related sicknesses like common colds and flu.

E3's ability to be absorbed so quickly into my system, eliminates all the uneasy effects that most heavier supplement powders and slowly digesting pills can sometimes cause.

All these components combined have led me to believe that such a high source of nutrients holds benefit to anyone wishing to provide their body with a natural intake of the most nutrient dense substance's imaginable."

Luke Harrop

Ky Hurst – Australian Ironman Triathlete Champion



"E3Live is the product every athlete dreams of. After only two weeks in training, I was seeing time-improvements that would normally take me two months to achieve. Nothing I've ever had before compares to E3Live. I've never loved life so much. I feel very privileged to have had the opportunity to learn of such an amazing food."

Ky Hurst

Emma Snowsill – 2000 Australian Junior Triathlete

"E3Live gives me that 'edge' over my competition. I now have much higher energy levels, and my body's ability to cope with hard training sessions has improved. E3Live also helps post-workout recovery and overall feelings of well-being, helping to regenerate my energy stores much quicker after high-intensity workouts."

Emma Snowsill

Toby Angrove – Endurance Sport Competitor on Team FogDog

"After taking E3Live, I have experienced an incredible increase in my endurance. I feel like I can keep going. I have increased my times, my recovery is much, much faster, and I don't feel fatigued at the end of my workouts, I feel energized. This food is absolutely fantastic - and VERY powerful! The results we are seeing are phenomenal."

Toby Angrove

Doug Crytzer – Endurance Sport Competitor on Team FogDog

"I received a food called E3Live, not believing it could help me. I started eating it right away. After a couple of days, I felt incredible! My workouts were more intense; my endurance was greatly enhanced. My energy levels were sky high. Not to mention my mental acuity. And most importantly, I feel healthier."

Poncho Sullivan – Professional Surfer

"Professional surfing is an incredibly demanding sport, both physically and mentally. The level of competition out on the waves gets more intense all the time. The super-nutrition of E3Live has given me an amazing increase in energy and endurance. E3Live has definitely brought me to a higher level of performance. E3Live has improved my overall physical and mental health."

E3Live has absolutely done wonders in my life. When I compete in international events, I now have the strength to paddle as hard as I can, which raises my level of performance. I've experienced a tremendous increase in my mental quickness since I added E3 to my training regimen. I feel 15 years-old again."

Poncho Sullivan

Horse Owners

Laminitis



Carl Natzger & "Vic"

Leroy Miller

"Comparing E3 to other supplements....you can see results in 6 weeks instead of six months! The most experience I have had is with foundered horses. THIS HEALS THE FOOT."

"I noticed the animals and horses eating E3 were noticeably more healthy looking. When feeding E3 to horses with debilitating laminitis I was astounded! In six weeks they were better than I had ever seen or could have imagined."

Dean Bader, DVM

Abcess

Reuben Miller has been a farrier for over 43 years, with a long-standing reputation as a laminitis specialist. This is his experience....

"I have never, in twenty-five years of treating lameness, seen abscesses clear up so quickly. Some of the things I have seen in such a short time, I wouldn't have believed it if someone just tried to tell me. I have not seen anything but good.

Whether E3Live is used to maintain a horse's good health, or is used for serious hoof problems, I've always found that E3Live does great things for horses, and amazingly fast, even only using 1/2 to 1 ounce a day. I've seen E3Live save the life of many a horse."

Reuben Miller

Breeding Programs

"After feeding Chino, my world champion Paso Fino Stallion, E3 AFA from Klamath Lake his temperament changed. The biggest difference was in breeding. Instead of taking 45 minutes with a mare, Chino now takes 5 minutes and has a much better attitude toward the whole breeding. His hooves also have improved. I have been eating the algae. I am feeling good. I have much more energy, and I notice that my hair and nails are growing faster."

J.R. Morales, Owner/Trainer

"I have been feeding the algae to my Champion Paso Fino horses, and to the mares that are breeding. The algae has helped very much. The foals are easier to wean, horses that were eating their tails stopped immediately, the mares that were nursing are in better condition and the horses coats look much better. Also a horse with laminitis cleared right up. I am amazed, and was very skeptical when you first told me about this food."

Angel Usategui, Owner/Breeder

Pregnancy & Foal Health

"The AWS National Breeding Director, Nikki Atwell, purchased a TB mare that was underweight and in the last trimester of her pregnancy in 1997.

This mare ate twice as much as all the other horses and would not gain weight. The foal was born and they both were underweight. The E3 Aphanizomenon flos-aquae was started as soon as it arrived to help the foal and the mare gain weight soon after the foaling. After a couple of months the mare gained weight while nursing a now, large foal, and again in foal herself. Our Vet couldn't believe the difference in the mare's condition. The mare's hoof condition has improved, hoof wall improved dramatically, but the most noticeable change is her coat's iridescence. The E3 AFA has helped to create a healthy, vigorous horse from the inside out."

Quoted from Jean Brooks

White Line

"Having taken Aphanizomenon flos-aquae myself and seeing the great results, I tried the product on my stallion. He had very, very shelly feet on the medial side of both front knees and was extremely crumbly. After 5 weeks, he had healthy white line and very nice pliable horn material on inside nail too! This is a dramatic improvement. I can't wait to see how much repair has occurred at the next shoeing!" 2/6/98

Brian Eastman, CPA Horseshoeing

UPDATE: 1/23/99 I have always shod this horse every 6 – 8 weeks. From the time I put him on E3, his hoof has gained at least 1/4" new material on the medial side where it had fallen off previously. The new growth is unbelievable! Very pliable, good quality, supple horn material. This foot started out where I could not drive in a No.5 slim. The sole of this particular horse was very dry and brittle. After E3, the sole was apple-peel consistency. No more hard brittle, hard-to-work with sole.

Brian Eastman, CPA Horse shoeing

Fungal

"The E3 eating horses in my clientele do not develop fungal problems. For those that had fungus, it went away in 6 weeks to 3 months."

Wayne Blevins, Horseshoer / Trainer

Overall Horse Health

"Double L Zero is a 1976 AQHA stallion. We've owned him since February 1976. We've tried numerous additives and remedies to help his feet, as well as a variety of shoeing options with no real improvement. After initial skepticism about AFA, we decided to start him on it in August 1998. First noted improvements were in his overall health, better coat condition, lessening of chronic cough and walking better. After 2 months he was trotting like a 3-year-old not a 23 year old. We are very impressed with the results to date."

Joe and Jenny Decker, Clay Bottom Farm

"Feeding your animals the essential minerals and vitamins they need will strengthen the immune system and aid cell regeneration. This means less sick and lethargic animals and a quicker, more effective healing process in horses that are injured or have any hoof problems."

Dean Bader, DVM

Pet Owners

An Old Dog Can Heal

It was March 3, 2000, three days after my trip from India when my son yelled to me in the kitchen, "Mom, Echo's legs just collapsed, she can't get up!"

Echo is a purebred Australian shepherd who has reached the age 13 on a vegetarian diet, mostly dry dog food. Her arthritic condition made some show a year prior to her lame condition. I was using the E3 already and noticed all-around better health! But my family had full responsibility for Echo's care in the month I was gone and went back to the old dog food regime, which I don't blame them, keeping up with the raw food prep takes some conscious effort and time.

I talked to a friend who recommended Aphanizomenon flos-aquae (AFA).

Within 3 months, she was up and running again. The E3Live AFA was her primary food mixed with her regular old vegetarian dog food. She was taking it easily as I was too. The E3Live was giving her energy and movement improved in her back legs.

We all need love and attention to make any healing progress and I'm convinced that the AFA from E3Live is from a loving source sold by caring people who also experience it's healthful loving qualities that nurture from within.

I'm so grateful that my parents are getting a LIVE gift for Christmas for their new puppy to keep well on (and hopefully they'll take it too). So if an old dog can heal, can't we too?

Kathleen Abelson

Elderly Dog Restored to Health

"I would highly recommend E3Live for elderly pets. Last summer, my 12-year-old dog, Mikey, underwent a sudden decline in health. Just before he turned 12 last July, he suddenly began to have severe problems with arthritis, accompanied by lack of energy and stamina and a sinus condition that caused him to sneeze a lot...In December, a friend told me about E3Live. In the beginning, I gave him two teaspoons each morning on some crumbled dog biscuits

Within a month, I was able to take him off the medicine. His health began to improve and by February, he was going for walks with me as he always had, and even running up and down the stairs! ...I continue to give him one teaspoon of E3Live each morning and he has more energy than he has had in years, and a very beautiful coat. People who saw him last year cannot believe he is the same dog.

I am very grateful to E3Live for restoring Mikey's health and perhaps ensuring that he will be around for years to come."

Deborah Robinson about her dog Mikey

Dog Finds New Energy

With my dog, the results have been phenomenal. He could not walk 2 steps about 2 months ago, that's when I started giving him E3Live every day. In about 6 weeks he had gone from 20 hours of sleep a day (and me in tears cause I thought he was going to die in a few days) to about 10 hours a day and is now walking and prancing around the yard at times playing with a stick. His progress is amazing!

George Cromack

“Golden Agers” Prove Age is Only A Number

Easier Recovery From Illness



"I have spent two years recovering from a serious illness. After two brain operations, weeks in hospital and months of intravenous antibiotics, my body was very depleted.

My muscles were wasted, their mass drastically reduced and in need of rebuilding. During the first 18 months of recovery I was taking many supplements, herbs and using essential oils. They were all helping immensely but I still felt weak and had very little stamina.

Six months ago I started taking E3, for its nutritional value. I wanted a balanced food for daily consumption, high in B Vitamins and minerals. Well, E3 surpassed my critical expectations easily. The results have been excellent.

Within two weeks my energy and stamina had definitely increased. Two months later my body was finally developing muscle and strength.

My health improves consistently every day and there is now a huge light at the end of the tunnel.

E3 is the real thing, it has helped me enormously – I highly recommend it."

Rod Birchill

E3 Live Helped My 86 Year-Old Father

"After seeing the results of the dogs we breed and ourselves, we were truly believers. We were convinced what we were seeing was not just in our minds. The fact that this product really works was more than apparent. We then decided it was safe enough to give my father who is 86 years old and suffering from a condition involving forgetfulness, mood swings, and generally unpredictable emotional behavior.

He has lived with us since my mother died five years ago. Though his mind is slow, and he still knows who we are, it's not always easy to reason with him and to get him to do things that are good for himself. He had no appetite and was losing weight to the point that we were very concerned. He didn't want to do any exercise at all. He just wanted to stay in his room and read. When we would try and force him to eat, walk, or

come out of his room, he would argue and be contrary with us and his caretaker, and sometimes be downright hateful.

We were recommended to give him the frozen live liquid E3Live, and were advised of the importance of getting him to drink as much pure water as possible. We give him 1 oz. a day in orange juice. Every day he asks "what's this?" we tell him it's vitamins in his o.j. We have an awful time trying to give him pills; he's forgotten how to swallow them. So he drinks it right down without another word.

After only about three days giving him the E3Live, we couldn't believe it. He came downstairs one morning we were all in the kitchen, and he very cheerfully said "Good Morning, what a wonderful day!" We all looked at each other and our jaws dropped. That was just the beginning of a total mood turnaround. He is a different person than before. He is now eating much better, and it is so much easier to reason with him, and his energy level is higher. He comes out of his room and wants to go out. He's always saying "if you're going out, don't forget me!".

His appetite and energy are much improved, but the most noticeable difference is that he is much more positive and happy, which has made our lives easier, and given his life a better quality. This new energy and nutrition sure has improved his health and attitude. Without the proper nutrition the mind's memory will not function and keep the mind strong and clear.

Rosemary Sutton, Owner of Summerwinds, BIS, Inc. - Breeders of Champion Afghan Hounds and Whippets

No Colds, More Energy, Thanks E3 Live!



"My daughter had been using E3Live to improve her ill health. I decided to try it myself. I am 63 years old and was taking many vitamins to retain my good health. I decided to drop my several vitamins and am now taking E3Live and Vitamin E and calcium only. I am very pleased with the results and due to the better nutrition that E3Live provides, I have not had a cold or any other illness since.

I have much more energy than my friends. I can only hope this continues, as I will continue with my daily dose of E3Live."

Theresa T. Lombardi

Improved Intestinal Regularity

"I have been taking AFA algae in one form or another from Upper Klamath lake for three years and feel better than anytime in my life. At age sixty-two that is saying a lot. In addition, I have not been sick one day in those three years. I have especially enjoyed for the first time in my life, perfect intestinal regularity!

I want to thank you for the supply of frozen E3Live. I have been taking it like clockwork and I know I would not feel comfortable without my daily dose."

Ward Hudspeth

57 Year-Old Taekwondo U.S. National Champion



57 year-old Tae Kwon Do U.S. National Champion, Gold Medal International Champion competing against opponents 40 years younger

"At 57, I'm the oldest competitor to have ever won a U.S. National Tae Kwon Do championship and a Gold Medal in full-contact sparring at an international championship. Some people might think I have a rare genetic make-up that would allow me to do what I do. Yet when I started Tae Kwon Do at the age of 46, I weighed 25 pounds more, couldn't run a block without stopping, and was experiencing the dreaded decline of aging. Instead of my being some extraordinary exception to the rule, I now know that that superior health is available to everyone!

E3Live not only delivers more protein needed for muscle growth and repair and is a rich source of phyto-nutrients, it also makes a huge impact on my emotional and mental well-being. At 57, I also experience no symptoms associated with menopause. I literally have another youth to live. Two additional benefits of E3Live have been in increased memory and keeping my mood positive.

E3Live is a breakthrough for the modern human being, something that can strengthen us in the face of today's environmental, emotional and physical stress. E3Live is an important member of my 'team'."

Mary Louise Zeller

Mother is Now 80 Years Young

"My mother was 80 years old, now she is 80 years young! The superior nutrition in E3Live has helped her balance out her blood sugar levels. Her memory is far better, her energy level has dramatically increased, and her mental alertness is incredible. She now feels much better overall. She has a new lease on life. Thank you and bless you!"

Cheri Smith, Quemado

80 Years Old and Going Strong

"I'm 80 years old. For 35 years, I've had problems with blood sugar levels and needed to take medication. My blood pressure also needed medication to stay normal. After five months of taking E3Live each day, I feel like the nutrients have helped to even out the problems I was facing. E3Live has also helped my son-in-law, daughter and other near and dear ones. I feel very good about E3Live and I hope you will give it a try so it will work for you, too!"

Faye Bach

Grandson Now Says "You Go, Gramma!"

"I'm 76 years of age. Since adding E3Live to my diet, my stamina is always increasing. Now my grandson says, "You go, Gramma!" I have more joint flexibility and I've been able to throw out most of what wasn't helping me. The money I save from not buying these products pays for the E3. Even if it didn't, don't be cheap - this is your health we're talking about! I feel E3Live can do nothing but help you."

Bette Lou

Amazing Health Improvements Noticed

Faster Recovery After Depleting Treatment

"I am going through a depleting treatment for a liver problem. I couldn't make it without E3Live. Without it, I would have had to stop the treatments. I noticed that my "foggy brain" feeling goes away in about 15 to 20 minutes after taking the E3Live.

My white blood cell counts were down, but they are coming back up. My

hair was falling out, but now growing back and my skin looks 10 times better than before. Even my nails are no longer brittle!

I am taking both the E3Live and the "You're My Everything" and I think it is the Fountain of Youth!

I just love these products and I want to shout it out to the world!"

Debbi Oliver

Mom Has More Energy, Better Eyesight, Kicks Caffeine Habit

"I am a single Mom working 64 hours a week and raising the last of my 4 children who happens to be a 13 year-old boy. I used to come home from work and flop on the couch from exhaustion. I would drag myself to the kitchen to make dinner, usually leaving the dishes until morning or later, resenting any phone calls or interruptions and God forbid my son needed help with his homework. I was often irritable and cranky until I went to bed to toss and turn for 2 or 3 hours before finally going to sleep. On rising at 4:30 a.m., which is my habit, I was usually very stiff and sometimes had a headache.



That was before I started taking my E3Live. The first dramatic change I noticed was much improved eyesight, which I feel is due to the superior nutrition in E3Live. Exactly one week after I started the E3Live I was shocked to realize that I could read the large and the smaller print on the town water tower, which I drive past everyday on my way to work. For months I have been looking at that tower in the distance and wondering what it said.

The next wonderful change that occurred is a little embarrassing to talk about but it dramatically improved my quality of life. Since going through "The change", I'd been battling constipation. My friends laughed and said, "its just part of getting older." Now I'm laughing and telling them "I'm getting younger!" I haven't been this regular since my mid-30's. Which brings me to another point.

Since taking the E3Live, I've had several people tell me that they thought I was in my mid-30's or that I "look like" I'm in my mid to late 30's. That's well over 10 years younger than my true chronological age. I've also been told (since taking E3Live) that I "look healthier" and "have more sparkle around my eyes."

I think the best part of this story is that I now have enough energy to take yoga classes 2 nights a week in addition to grocery shopping, cooking dinner, walking the dog, helping my son with his homework, going to violin lessons and orchestra rehearsals and auditions, visiting my daughter, granddaughter, cleaning house, etc.

I don't want to write a book here but I do want you to know that because of E3Live's vitamins and minerals, I've been able to kick a 30 year caffeine habit, which in turn has enabled me to sleep better at night and have far fewer headaches.

It's funny... I used to live in Oregon and actually that's where I first heard of AFA. I had also heard of Klamath Lake but not the two together. I had to move here to Pennsylvania to actually give the E3Live a try and I'm sure glad I did.

Now I think of my E3Live as nectar of the Gods and I drink it gratefully at least twice a day."

Betty Martin

Resistance to Colds Up, Stress Levels Down

"We are all doing very well on E3Live-- my husband, my daughter and myself. We are experiencing more energy, more mental clarity and stronger resistance to colds, which I attribute to the fact that we now have better nutrition from the E3Live. My daughter's apartment burned down on Thanksgiving and she has been with us since then. When she moved in, she was sick with a cold and the E3Live has helped to speed her recovery, by providing the much-needed nutrition she needed. Her colds usually hang around for 2-3 weeks, but this time, she was well in about a week. We are all experiencing a higher level of stress lately as you can imagine, but the E3Live has been supporting us very well.

I read about E3Live in an interview by Dr. Gabriel Cousens. He was very clear to point out that it is not just any old AFA. I had taken AFA from another well-know company with virtually no results and I've tried every green drink on the market. Your AFA is the only one that gave me fast, effective, measurable results.

Thanks for a great product. Keep up the good work. I'll be sending you more customers as time goes on."

Carol Patton

Mother & Daughter Have Life Changing Results

"I am sharing with everyone how my life has changed. What a blessing you are. Thanks to you, my mother, Virginia Frey, and I are different people!

In July, my mother and I started taking "You're My Everything" compound and the "E3 Live" with immediate results!

My energy level is far superior to what it was. I have cut my coffee intake to 1 cup a day, from over 3 pots a day! It wasn't difficult, I no longer need it or crave it. My mental and emotional attitude is far better. I feel wonderful, my skin is softer, fingernails are stronger and my hair is healthier. Last, but not least, my blood sugar levels have evened out and I require less medication.

My mother has a whole different outlook on life. She is almost 80 years old and now she is actively participating. She is able to walk for greater distances, her memory is far better, normal with far less medication. To her delight, she quit taking the long list of other supplements.

Thanks to you, we were ready to change of "lives" and be open to these wonderful new ideas. Bless you!"

Cheri Smith

No Longer Gulping Vitamin Pills

"I'm happy to tell you the fantastic results from the moment I started taking your suggested therapies: namely the formulation of "You're My Everything" and E3Live. I am very blessed and grateful for the privilege of knowing you and enjoying your wisdom and beautiful nature.

For many years I was an avid vitamin and supplement enthusiast, taking 12 to 15 capsules with each meal (with no apparent effect), but no longer! I have completely eliminated them from my health regimen since learning that your products contain all the necessary vitamins and minerals in their complete, natural, utilizable form. Beside the big expense, what a relief it is to enjoy my meals without gulping pills between each bite.

As you know, my entire family and many of our friends are sold on the remarkable efficacy of your products. The energy and well-being derived from them are priceless.

Taking E3Live has helped my blood sugar levels to stabilize and lessened the amount of medication I needed."

With love and appreciation,
Virginia T. Frey

Raw Fooder is a Big Fan

"I wanted to thank you for making such an amazing product. I've been eating AFA of some sort for over 13 years and I've been eating 100% live foods now for the last 5 years. I thought I felt about as healthy as I was gonna get, until I started eating E3Live. I feel so light! Thanks!"

Doug Walsh

Less Mental Confusion & Anxiety

"I have had symptoms of a medical condition where I am always tired - physically and mentally (for 10 months now). Four months ago I went to see a nutritionist who recommended that I take E3 Live. About 2 1/2 months after taking E3Live, I noticed a change. I have less mental confusion and anxiety! Anyone with symptoms like mine can relate to this. If I forget to take the E3 live in the morning, I can feel the difference. Also I do not take any other supplements. Along with a balanced diet, plenty of sunshine, and E3 Live, I am much improved. Also my mom started taking the E3 and her hair and nails are growing like crazy! Her nails are very thick and strong and her energy level has gone up! I would highly recommend E3 Live. Pass it on!"

Teresa Lombardi

Concert Performer Has Better Energy & Vitality

"As a concert performance artist and speaker, I travel by plane over 40 weekends each year. The discipline and stamina required of me is enhanced by the E3Live I consume daily from Vision. The energy and vitality I experience from E3Live makes a huge difference in the quality of my life and my performances. I encourage everyone to try this product and feel the results!"

Randall Leonard

Depleted Man Regains Health & Strength After Brain Surgery

"I have spent two years recovering from a serious illness. After two brain operations, weeks in hospital and months of intravenous antibiotics, my body was very depleted.

My muscles were wasted, their mass drastically reduced and in need of rebuilding. During the first 18 months of recovery I was taking many supplements, herbs and using essential oils. They were all helping immensely but I still felt weak and had very little stamina.

Six months ago I started taking E3, for its nutritional value. I wanted a balanced food for daily consumption, high in B Vitamins and minerals. Well, E3 surpassed my critical expectations easily. The results have been excellent.

Within two weeks my energy and stamina had definitely increased. Two months later my body was finally developing muscle and strength.

My health improves consistently every day and there is now a huge light at the end of the tunnel.

E3 is the real thing, it has helped me enormously – I highly recommend it."

Rod Birchill

Perfect Intestinal Regularity

"I have been taking AFA algae in one form or another from Upper Klamath lake for three years and feel better than anytime in my life. At age sixty-two that is saying a lot. In addition, I have not been sick one day in those three years. I have especially enjoyed for the first time in my life, perfect intestinal regularity!

I want to thank you for the supply of frozen E3Live. I have been taking it like clockwork and I know I would not feel comfortable without my daily dose."

Ward Hudspeth

E3 Live Gives CEO More Poise & Focus

"I am the CEO of a company that provides alarm monitoring for the telecom industry. The stakes are high. If a telecom company goes off-line, it costs tens of thousands of dollars each minute.

Since I began eating E3Live, my engineers and colleagues have told me I'm more poised, focused and on-task. My threshold for handling stress has increased and my concentration is sharper. Solution-oriented resolutions to daily challenges come easier. Am I jazzed about E3Live? You better believe it!"

Bob Berry - President, DPS Telecom, one of Inc. Magazine's Top 500 Fastest Growing Companies

Business Woman Finds Young "New Me"

"I own a cottage industry business which is time-consuming, labor-intensive and mentally draining. After eating E3Live, my energy level has increased and I now function with more clarity and focused intensity. People tell me I look 10 years younger and I've noticed it too!"

Linda Morabito

Best Selling Author Thwarts Mental Fatigue

Eliot is the author of *Experiencing the Soul*, a L.A. Times Best-Seller.

"As an author, public speaker and meditator, E3Live helps keep my mind sharp, my energy high, and my spirit peaceful. I appreciate E3Live's exquisite ability to bring me back from mental fatigue and help prepare me for meditation."

Eliot Jay Rosen, Author

Endorsements By Health Experts



Dr. Gabriel Cousens M.D., M.D. (H)

Dr. Cousens is one of the world's foremost holistic medical doctors & author of *Depression-Free for Life*, *Conscious Eating* and other books; founder and Director of Tree of Life Rejuvenation Center in Arizona.

"As a physician working with thousands of clients, I find that E3Live helps to restore overall biochemical balance by nourishing the body at the cellular level. The positive response from the use of E3Live has been extraordinary.

A wonderful and unique blend for peak performance of body, mind, and spirit that should be included in any detoxification and rejuvenation program. I take it myself daily."

Dr. Gabriel Cousens M.D., M.D. (H) Tree of Life Rejuvenation Center
Patagonia, Arizona

Amanda Hunter, Naturopathic Doctor

I have been using and recommending E3 for approximately six months. With outstanding results.

There are very few supplements on the market I would unconditionally endorse – E3 is the exception.

Besides E3's rich nutrient profile, this is a live food – full of the vital enzymes missing in much of what we consume each day. People today are in a hurry – there often just isn't the time or opportunity to eat raw, enzyme rich foods. Daily E3 ensures those essential, living enzymes are in your diet every day.

E3 claims to be 97% assimilated (used) by the body. From my personal experience in trailing E3, this is certainly the case. For clients with weak digestive systems or those under stress (which effectively shuts down much of the digestive process) E3 is ideal because it takes so little digestive power to absorb it.

If you keep in mind that we are only as good as the nutrients we can absorb – whether from food or supplements – E3 is brilliant!

Amanda Hunter N.D.

Anna Priest, Independent Researcher, Australia

"I don't usually endorse products but I've found the response I've had to E3, in just a few weeks, has been noticeable and positive. I think it's a unique nutritional product which has great potential to help those with symptoms due to toxicity/impaired detox capacity, malabsorption, and sluggish metabolism.

Having had a medical condition with symptoms like severe tiredness and a drained feeling for many years along with severe immune/endocrine problems, and currently being only partly functional, I've tried just about every treatment and product on the market. I noticed a difference within a week of taking E3, primarily a slight boost in energy and greater mental clarity. My cognitive processes are consistently better, mood and concentration especially, and best of all, my 'down time' to recover from activity is far less than before. I can only attribute the benefits to E3 as nothing else has changed in my regime.

I believe that E3 has some particular advantages in respect to heavy metal toxicity & detox:

- * **LIVE ENZYMES** (to boost the body's detox systems, assist with digestion, and to rebuild damaged cells; mercury knocks out enzymes).
- * **AMINO ACIDS** (to build liver detox enzymes and the intracellular detox enzyme glutathione peroxidase).
- * **MINERAL RICH**, esp. zinc, selenium and magnesium (which help neutralize mercury, lead and cadmium, and enhance the body's detox process; zinc in particular to build the metal detox protein metallothionein, and selenium for glutathione peroxidase).
- * **LIPID SOLUBLE NUTRIENTS/ANTIOXIDANTS**: vitamins A and E + essential fatty acids (which nourish cell membranes and therefore enhance the passage of nutrients IN and waste products/toxics OUT of the cell; also assist mitochondrial membranes).
- * a rich source of highly **BIOAVAILABLE NUTRIENTS** and antioxidants (to strengthen immunity and rebuild damaged cells).

Being that AFA is an edible water plant, I was at first skeptical that it might have absorbed toxic metals into the cell wall, primarily mercury, from the surrounding water and air. However, I've seen independent lab reports stating that the product is free of toxic metals and chemicals. Therefore, this leaves it free to absorb YOUR toxins, and in a similar manner to chlorella algae, it may assist in removing them from the body.

As well as assisting with detox, being so comprehensive in its makeup, I believe it's an all-in-one daily supplement, which can replace a number of others. If you're going to try this product and your health has been seriously compromised, you should begin slowly and build up gradually. Also very important is to drink plenty of clean water each day to support

the body's detox systems and elimination pathways.

For those with seriously impaired detox capacity you should consult your health care practitioner who can answer specific questions for you."

Anna Priest Independent Researcher Grafton

Dr. Fred Bisci



Dr. Fred Bisci

"As a clinical nutritionist with over 40 years experience, I'm impressed and delighted at how E3Live helps such a wide range of health problems. I can only conclude that E3Live has the therapeutic versatility of a true adaptogen, nourishing the body and mind on multiple metabolic pathways at the deepest of physiological levels. E3Live's energetic boost is therefore wholesome and lasting, unlike the temporary ups and downs of unhealthy stimulants such as sugar and caffeine."

Christine Tompson, N.D.

"I have patients who suffer from a wide and varied number of ailments. I'm getting extremely positive results with E3Live. People whose energy and immune systems are a bit 'flat' respond quite well and quickly. Its also working very well to compliment the diet. E3Live has a high absorbable nutritional value. The live enzymes in E3 aid digestion and assimilation of nutrients at the same time as detoxing the system. It is picking up the metabolism generally because of all the nutrients the body is receiving. The reason being is that there are no impurities in E3 like there is in weight gain powders. Most weight gain powders contain a lot of things that are not natural and because there is no enzyme activity, the body finds it hard to absorb the full value of the nutrients in the powder.

With weight loss, E3 seems to suppress the appetite because of its high level of nutrients, which are assimilated at a very high level because of the enzymes, which also break down other food being consumed."

Christine Tompson, ND

Barbara Turunen, D.C.

"I wanted to let you know that I am very pleased with your E3Live. I am a chiropractor and have been recommending greenening/alkalizing products to my patients for many years and find your liquid AFA superior to others I've used.

Earlier this year I recommended E3Live to a patient who was undergoing a very depleting treatment for a serious medical condition. Almost immediately she began feeling more energy, less depression and experienced a noticeable reduction in adverse side-effects of the treatment. Her medical doctors noticed and commented on her increase in energy and on how quickly her hair grew back after her treatment regime. Other medical treatments followed, which was five days a week for over seven weeks, and she played tennis during that time.

I prefer E3Live because it is a whole food product and, in the liquid form, it has more vital life force for the body to use for repair and healing."

Barbara Turunen, D.C.

Dr. Theresa Dale, Ph.D., N.D.

Dr. Dale is an international pioneer in energetic medicine, hormone rejuvenation and self-help health education.

"I suggest every person who wants to maintain a healthy physical and mental state use E3Live on a daily basis. E3Live is a live food. You will easily digest and assimilate all the nutrients. E3Live is good for children, teenagers and adults of any age."

Dr. Theresa Dale, Ph.D., N.D.

David Wolfe, Health Educator & Author

David is a nationally known health educator & author of the best-selling book The Sunfood Diet Success System and also the book Eating For Beauty.

"E3Live is the freshest and by far the best AFA on the market! I recommend E3Live over any other algae. Test and be convinced!"

David Wolfe

**Karl J. Abrams, Professor of Chemistry,
Nutritional Researcher & Author**

Professor Abraham wrote Algae to the Rescue and also Attention Deficit Hyperactivity Disorder - A Nutritional Approach.

"E3Live has more bio-available chlorophyll than any other food. In biochemical research circles, the presence of chlorophyll in such high quantities is a clear indication of the AFA's extraordinarily high life-force. This inherent vitality helps keep the AFA's wide spectrum of nutrients at their absolute nutritional peak. For me, this partially explains the mystery of how E3Live can have so many positive health benefits."

Karl J. Abrams, Professor of Chemistry

**Michael Grant White, Breathing Specialist
& Nutrition Educator**



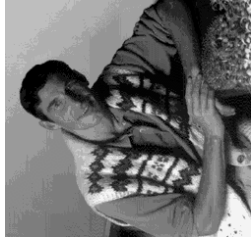
"As a professional breathing coach and holistic health counselor, I recommend E3Live to all my clients, whether they are asthmatics, professional singers or world-class athletes. E3Live's tremendous synergy of nutrients and energetic charge not only optimize blood oxygen levels, but create a physiological foundation for feeling good on a moment-to-moment basis"

Michael Grant White - Optimal Breathing Development Master Trainer

Rave Reviews for "You're My Everything"

"You're My Everything", a Divinely-inspired blend, was revealed to Master Herbalist Barbara Rogers who has sold this formula to her private clientele for years with outstanding results. Barbara then formed a partnership with Vision and now that formula is available to you and your loved ones. Below are a few of the amazing testimonials of real people who love this formula.

Dr. Gabriel Cousens M.D., M.D. (H)



"A wonderful and unique blend for peak performance of body, mind, and spirit that should be included in any detoxification and rejuvenation program. I take it myself daily."

Dr. Gabriel Cousens M.D., M.D. (H) Tree of Life Rejuvenation Center Patagonia, Arizona

Jock Bell, Co-Founder Trinity Springs Water

"You're My Everything" is a must for me! I take it first thing in the morning and then again in the afternoon. I have more stamina when skiing and recover quicker. My partner also takes it daily. We love "You're My Everything!"

Jock Bell, Co-Founder Trinity Springs Water

Dropped Two Dress Sizes, Loves "You're My Everything"

"I am not in the habit of writing this type of letter, however, I feel I must tell you how grateful I am to you and your product "You're My Everything."

After the death of my mother this year, I gained 30 pounds and have not felt well since. My sinus condition had worsened to the point I could not think, couldn't hear, and my vision had declined. I suffered from severe headaches, which I never had in the past, generally speaking, I was in very poor health.

I have been taking "You're My Everything" for 4 weeks now. I feel that it has given me the nutrition I need. Now, what a difference! I wish you could see it. I have dropped two dress sizes. (I am not sure how much weight because I stopped getting on a scale a while ago). My sinus condition has all but disappeared, my hair, nails, and skin are beautiful. Best of all, my headaches are gone. I feel and look terrific. I would not have thought it possible. You know how long it has taken me to become a believer in this type of living and now I feel I have wasted a lot of time not feeling well.

Thank you, thank you, for helping me get back among the living and away from the walking dead."

Jackie Porter

Jeff Haas, Certified Nutritionist

"As a certified nutritionist and owner of health-food stores for over 22 years, I have tried many products. I have always been healthy and energetic, but "You're My Everything" has taken me to a new level. I have noticed an increase in my well-being that I have never experienced before. This is one of the most consistent and quick-moving products that we have ever carried."

Jeff Haas, Certified Nutritionist and Owner of Spartan Health Foods

Four Generations of Improved Health

"I would like to share with everyone how my life has changed since taking your product. I am a different person! It has been seven months now, that four generations of my family have been taking "You're My Everything" and E3Live. We all had immediate results and the effects don't diminish. We all feel so strongly about them that not one of us would go a day without them."

My energy level is far superior to what it was, and my mental and emotional attitude is far better. I feel wonderful and my skin, hair, and nails feel the rejuvenation."

Best of all, my blood-sugar levels are more balanced, and I am taking one-fourth of the medication originally prescribed for me. I have also reduced my coffee intake from three pots to one cup without trying.

My mother was 80 years old, now she is 80 years young! The superior nutrition in E3Live has helped her balance out her blood sugar levels. Her memory is far better, her energy level has dramatically increased, and her mental alertness is incredible. She now feels much better overall. She has a new lease on life. Thank you and bless you!"

Cheri Smith

Ashley Vann, Owner of Dermal Tone Facial Exercise

I have been using "You're My Everything" for over two years, and I am amazed at the difference in my hair, skin and nails. I used to get three colds a year, and I often work 16-hour days, but the nutrition I have with E3Live must be making my body healthier. This is the only supplement I have ever taken where I have felt the results immediately. I will continue to use it on a daily basis as part of my health and beauty regime."

Ashley Vann, Owner of Dermal Tone Facial Exercise Treatment

Gina Satori, United Way

"You're My Everything" is an amazing product! Since using it, my skin is radiant, my hair is shiny, and I have more energy than I've had in years. I never thought I could give up coffee, but I no longer need it as a stimulant. "You're My Everything" gives me the nutrition that keeps me going all day long."

Gina Satori, United Way

Store Owners Share Success Stories

Spartan Health Foods

"As a certified nutritionist and owner of health-food stores for over 22 years, I have tried many products. I have always been healthy and energetic, but "You're My Everything" has taken me to a new level. I have noticed an increase in my well-being that I have never experienced before. This is one of the most consistent and quick-moving products that we have ever carried."

Ever since master herbalist Barbara Rogers was on the radio talking about E3Live, E3Live sales have continued in a steady stream. Our customers come in like clockwork when their bottle is almost empty. And word of mouth brings in new people. It's the repeat sales that are so impressive, unlike many other health products which start out with a home run and then eventually trickle off. This can only mean people are getting results with E3Live. I wish more products would move off the shelves so quickly and consistently. I'm ecstatic."

Jeff Haas, Certified Nutritionist and Owner of Spartan Health Foods

Akasha Organics – Ketchum, Idaho

"We've expanded our E3Live sales beyond health purists and athletes, to include a sizable niche market of spiritually oriented consumers. People tell us they eat E3Live to support their meditation practice, as well as to enhance mental clarity and inner peace. I call this phenomenon transforming skiing bumps into waves."

E3Live sales continue to increase by word of mouth, but I also go out of my way to mention E3Live to customers because I believe in the product so much. We also have prominent E3Live signage on the inside freezer glass which probably helps sales as well."

Ananda Kriya, Akasha Organics Ketchum, Idaho

East End Co-op – Pittsburgh, PA

"As the Health/Beauty/Cosmetics manager of a large health food cooperative, shelf space is always at a premium, and I was at first hesitant to give Vision's line of products a try. In the year or so after I had initially declined to pick up their line, I would occasionally see Michael and Tamera, the owners of the company, shopping in our store. Of course, I would naturally say hello.

They never pressed me again on the issue, yet a quiet confidence exuded from both of them. I now know this is because they're both living examples of the vitality, poise and youthfulness which are cultivated from faithful use of E3Live.

One day, at a table in our cafe, they were sitting with Sven, the publisher of a regional health magazine. Sven asked me to give some objective input on an ad they were running for E3Live in his magazine.

As the conversation proceeded, I understood Michael and Tamera's depth of commitment and profound belief in the efficacy of E3Live. I spontaneously decided to carry E3Live. They were very pleased and immediately arranged our first store demo of E3Live, which resulted in abundant sales followed by a pattern of repeat purchases.

So, I have a message for all prospective retailers: if E3Live and Vision's other products are properly demo-ed, and your sales people know about the benefits of the E3Live, this product will definitely move off the shelves."

Dan Denlinger, East End Co-Op, Pittsburgh PA

Parents Share Positive Changes in Children

12 Year-Old – Grades Up, Sits Still & Concentrates

"My 12 year-old son Jared was too "high energy" since the day he was born. He had a hard time concentrating and not fidgeting and had a 30 average in public school. We started with only one AFA capsule for the first two days. On the third day, we gave him two capsules, and we saw an immediate improvement in his ability to concentrate, which has only improved over time. Jared's grades are now up to 80, and we're all very happy knowing Jared has a bright future ahead."

Lorane Otto

Experiences of Enhanced Meditation

Abba Naraziah – Essene Spiritual Leader

"I have tried all the various algae products. E3Live is the only one that feels truly alive. It provides profound mental clarity which is perfect for meditation."

Abba Naraziah, Essene Spiritual Leader

Eliot Jay Rosen, Best-Selling Author, Speaker & Mediator

Eliot is the author of *Experiencing the Soul*, a L.A. Times Best-Seller.

"As an author, public speaker and meditator, E3Live helps keep my mind sharp, my energy high, and my spirit peaceful. I appreciate E3Live's exquisite ability to bring me back from mental fatigue and help prepare me for meditation."

Eliot Jay Rosen, Author

“FREE E3live Capsules”

90 free vegetarian capsules with your FIRST order when you mention Michael Grant White or Optimal Breathing

Enhance the power and ease of taking E3Live with this light weight highly portable version.

www.breathing.com/e3live.htm Give this URL to a friend and they can get the same free \$30.00 gift with their first liquid E3live order.